



10 Days Nepal & Bhutan Cultural & Scenic Journey 10天尼泊尔与不丹文化与风景之旅

10-day journey exploring Nepal and Bhutan via Kathmandu and Pokhara, followed by a scenic flight to Bhutan. Begin in Kathmandu with guided visits to UNESCO World Heritage Sites, including Pashupatinath, Boudhanath, Swayambhunath, and the historic Durbar Squares. Continue to Pokhara to admire Phewa Lake, Davis Falls, and stunning Himalayan views. Experience a magical sunrise at Sarangkot and unwind in the charming lakeside town. Return to Kathmandu for leisure and cultural exploration before flying to Bhutan. In Bhutan, discover Thimphu and Paro, explore monasteries, dzongs, and local markets, and enjoy pristine natural landscapes. Conclude the tour with unforgettable memories, rich culture, and breathtaking scenery—perfect for travelers seeking comfort, spirituality, adventure, and seamless cross-border Himalayan travel.

≡ Itinerary

DAY 01: ARRIVE IN KATHMANDU



Meal - on board



Overnight stay at 4* hotel in Kathmandu

Upon arrival in Kathmandu, our staff will greet you and transfer you to your hotel. Depending on flight timing. If time allows, we can explore the local market, and visit Swayambhunath Stupa (Monkey Temple), perched on a hill offering stunning views of the city. This ancient stupa, adorned with Buddha's eyes, is one of Nepal's most revered landmarks. The surrounding monkeys and colorful prayer flags add to its unique charm. overnight stay at the hotel.



Meal - Breakfast, Lunch, Dinner



Overnight stay at 4* hotel in Kathmandu

Begin your day at Kathmandu Durbar Square, a UNESCO World Heritage Site rich in history. Explore the ancient palaces, temples, and courtyards, with key sights like the Kumari Ghar (home of the Living Goddess) and Kasthamandap. The square is a vibrant hub of Kathmandu's culture and architecture.

Next, visit Swayambhunath Stupa (Monkey Temple), perched on a hill offering stunning views of the city. This ancient stupa, adorned with Buddha's eyes, is one of Nepal's most revered landmarks. The surrounding monkeys and colorful prayer flags add to its unique charm. Then head to Pashupatinath Temple, one of the holiest Hindu temples in the world. Located by the Bagmati River, the golden-roofed temple is dedicated to Lord Shiva. You may witness the traditional cremation rituals along the riverbanks, adding a deeply spiritual dimension to your visit.

DAY 02: KATHMANDU- CITY TOUR



DAY 03: KATHMANDU- POKHARA

Mt Annapurna ranges & Fewa lake



Meal - Breakfast, Lunch, Dinner



Overnight stay at local 4* hotel in Pokhara

After breakfast, we will embark on a scenic drive to Pokhara, located 200 kilometers west of Kathmandu. The journey takes approximately 5-6 hours. Pokhara is Nepal's second-largest city and offers some of the most breathtaking Himalayan views in the world, including the picturesque Fewa Lake. The Annapurna range and the iconic "Fishtail" peak of Machapuchare dominate the tropical landscape of Pokhara.

We will spend two days in Pokhara, which will be a highlight of your trip. Upon arrival, you will be transferred to your hotel. After a short rest, we will enjoy a one-hour boat ride on Fewa Lake. Dinner and an overnight stay will be at the hotel.



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**DAY 04: POKHARA- SHARANKOT-
POKHARA -POKHARA TOUR**

== Itinerary



 Meal - Breakfast, Lunch, Dinner

 **Overnight stay at local 4* hotel in Pokhara**

Wake up early in the morning and drive to Sarangkot to witness the breathtaking sunrise over the Annapurna range, along with panoramic views of the Pokhara valley and Fewa Lake. Afterward, we will return to the hotel for breakfast. The day continues with a tour of the famous David Falls and a visit to the Tibetan Refugee Camp. We will then embark on a hike to the World Peace Stupa for stunning views of the surrounding mountains and lake. In the evening, enjoy a delicious dinner accompanied by a Nepalese cultural show. Overnight stay at the hotel in Pokhara.

**DAY 05: POKHARA- KATHMANDU BY
CAR OR (OPTIONAL FLIGHT \$130)**



 Meal -Breakfast, Lunch, Dinner

 **Overnight stay at local 4* hotel in Kathmandu**

After breakfast at the hotel, you can choose to drive to Kathmandu (5-6 hours) or take a scenic domestic flight (optional, US\$130). Upon arrival in Kathmandu, we will visit the Boudhanath Stupa, the oldest of its kind in Nepal. This iconic monument, listed as a UNESCO World Heritage site in 1979, is an important pilgrimage destination for Buddhists. After exploring the stupa, we will return to the hotel for dinner and an overnight stay.

**DAY 06: KATHMANDU- PARO- THIMPU
Elevation:2320m - Drive 54km**



 Meal - Breakfast, Lunch, Dinner

 **Overnight stay at 3* hotel in Thimpu, Bhutan**

After breakfast, drive to Kathmandu Airport and fly to Paro, Bhutan. Upon arrival around 9-10 a.m. local time, meet your guide and enjoy a scenic one-hour drive to Thimphu. Check in at the hotel and have lunch. Begin sightseeing with a visit to the National Memorial Chorten, built in honor of King Jigme Dorji Wangchuk. Continue to see the giant Buddha Dordenma statue, Dupthop Lhakhang nunnery, and Changangkha Lhakhang. Visit Cheri Monastery, founded in 1620, followed by Tashichho Dzong and the Takin Zoo. Explore the National Textile Museum, the General Post Office, and the Handicrafts Emporium. Dinner and overnight at the hotel.

**DAY 07: THIMPHU- PUNAKHA
Altitude 1310 m) (72 Km, 3 hrs. drive**



 Meal - Breakfast,Lunch,Dinner

 **Overnight stay at 3* hotel in Punakha**

After breakfast, drive to Punakha via the scenic Dochula Pass, which offers breathtaking panoramic views of the Himalayan mountain ranges on clear days. The pass is adorned with the beautiful Druk Wangyal Chortens, a collection of 108 stupas built by the Queen to honor peace and harmony. Continue with a short and pleasant hike to Chimi Lhakhang, walking through charming villages, farmhouses, and lush rice fields. The temple is dedicated to the Divine Madman, Drukpa Kunley, and is widely revered as a fertility shrine. Later, visit the impressive Punakha Dzong, located at the confluence of two rivers. Dinner and



DAY 08: PUNAKHA- PARO VALLEY
4hrs Drive (115 km) elevation 2200m



- Meal - Breakfast,Lunch,Dinner
- Overnight stay at 3* hotel in Paro

After breakfast, enjoy a short side excursion around Punakha if time permits, allowing you to experience the peaceful surroundings and local scenery. Later, drive back to the Paro Valley via Thimphu, enjoying scenic mountain landscapes along the way. Upon arrival in Paro, lunch will be served at a local restaurant. After lunch, visit Kyichu Lhakhang, the oldest temple in Bhutan and an important spiritual site, also known as the location of the wedding ceremony of Hong Kong actor Tony Leung. Continue to Paro Dzong, also called Rinpung Dzong, a magnificent 15th-century fortress-monastery that serves as the administrative center of the district. Conclude the day with a visit to Ta Dzong, originally built as a watchtower and later converted into the National Museum in 1968.

DAY 09: PARO VALLEY- TIGER NEST
5hrs trek approximatly: elevation 2200m



- Meal - Breakfast,Lunch,Dinner
- Overnight stay at 3* hotel in Paro

Today offers a special opportunity for an optional hike to the iconic Tiger's Nest Monastery. After breakfast, take a short drive to the trailhead at Samsam Chorten. From here, enjoy a scenic four-hour hike to the viewpoint of Taktsang Monastery, famously known as the Tiger's Nest. Dramatically perched on the edge of a 1,200-meter cliff, this sacred site is an unofficial symbol of Bhutan. According to legend, Guru Rinpoche flew here on the back of a tigress and meditated, giving the monastery its name. If time permits, visit Paro Town's shopping street. Horse or pony rides cost approximately USD 60, payable locally. Comfortable walking shoes are essential. Return to the hotel for dinner and an overnight stay.

DAY 10: PARO – FLY BACK HOME



- Meal - Breakfast
- Drive to Paro airport and fly back home

After breakfast, enjoy a short ride to airport and fly back home with lots of memory of Nepal and Bhutan adventure.

COST INCLUDES:

- Guided private Tour throughout journey
- Airport pick-up and drop-off
- Fully guided tours throughout the trip
- Bhutan visa fee and Tourism Development fee
- Deluxe 4* hotel in Kathmandu, Pokhara & 3 Star hotel Bhutan
- Services of a licensed and trained guide
- All meals: Breakfast, Lunch, Dinner, and hot beverages
- Local transportation as per the itinerary.
- National park/conservation area entry permits
- Mineral water provided daily
- All necessary documents and permits (where applicable)
- Coordination of all logistics Quick rescue service in case of emergency (cost covered by your insurance plan)

COST DOESNOT INCLUDES: Air ticket, Personal travel insurance, cold drinks, Tipping for guide and driver, Personal expenditures, Nepal visa fee US\$30 Upon arrival in Kathmandu airport

