



16D Mt. Kailash Yatra: Kathmandu – Mt. Kailash / Mansarovar Lake – Kathmandu

The Mount Kailash Yatra is a sacred pilgrimage to Mount Kailash, located in the Tibetan Himalayas. Revered in Hinduism, Buddhism, Jainism, and Bon, it is believed to be the abode of Lord Shiva. Pilgrims undertake a challenging trek around the mountain, known as the "Kora," which spans 52 kilometers and is considered a path to spiritual liberation. The journey is physically demanding, with high altitudes and rugged terrain, but it is deeply transformative for devotees. Many believe that completing the yatra purifies the soul and leads to the attainment of Moksha, or liberation from the cycle of birth and death.

Itinerary

Day 1: Arrival in Kathmandu



Meal -Dinner

Overnight stay at hotel in Kathmandu 4 Star hotel

Arrive at Kathmandu International Airport, meet and greet by Brothers team.
Transfer to hotel and check in.
Dinner at hotel restaurant.
Evening free for shopping or café hopping. Overnight in Kathmandu.

Day 2: Kathmandu- City Tour & Puja at Pashupatinath



Meal -Breakfast, Lunch,Dinner

Overnight stay at hotel in Kathmandu 4 Star hotel

08:00 AM – Drive to Pashupatinath Temple for Rudrabhishek Puja & Special Darshan of Pashupatinath Temple. After the completion of the rituals, visit the Shaktipeeth and, Syambhunath temple then return to the hotel.
Optional: Everest Mountain Flight or add-on Muktinath Tour

Meal -Breakfast, Lunch,Dinner

Overnight stay at hotel in Kathmandu 4 Star hotel

Day 3: Kathmandu- Chandragiri - Cable car



8:00 AM – After breakfast, drive to Chandragiri (22 km, approximately 1 hour). Visit the Chandragiri Bhaleshwor Mahadev Temple, a sacred site dedicated to Lord Shiva, offering panoramic views of the Kathmandu Valley and surrounding mountains. The temple is a popular pilgrimage destination, known for its spiritual significance and scenic beauty. After the visit, drive back to the hotel.



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Itinerary

Day 4: City Tour- Kathmandu



 Meal -Breakfast, Lunch,Dinner


 **Overnight stay at hotel in Kathmandu 4 Star hotel**

08:00 AM – After breakfast, enjoy a sightseeing tour of the Swayambhunath Stupa (Monkey Temple) and Kathmandu Durbar Square, both UNESCO World Heritage sites. Swayambhunath offers stunning views of the valley, while Kathmandu Durbar Square showcases Nepal's rich history and architecture.

04:00 PM – Attend a short briefing about the Kailash Manasarovar Yatra, followed by dinner. The briefing will provide important information and guidelines for the upcoming trip. Afterward, time will be allocated for packing and preparing for the journey ahead.

Day 5: Kathmandu- Syabrubesi



 Meal -Breakfast, Lunch,Dinner

 **Overnight stay at guest house**

Drive from Kathmandu to Dhunche, Syabrubesi, or Timure. The journey to Dhunche takes approximately 6 hours (127 km) and reaches an altitude of 2000 meters. Alternatively, you can drive to Syabrubesi, which is 141 km away and takes about 7 hours, with an elevation of 1600 meters. For a longer route, drive to Timure, which is 152 km from Kathmandu and takes approximately 8 hours, reaching an altitude of 1983 meters. Each destination serves as a gateway for the onward journey to the Himalayas, offering scenic views and a glimpse of rural Nepal along the way. Dinner and overnight Syabrubesi.

Day 6: Syabrubesi - Drive to Kyirong (2850m)



 Meal -Breakfast, Lunch,Dinner

 **Overnight stay at hotel**

Drive to Rasuwagadhi (1800m), located 15 km from Syabrubesi, which takes about 45 minutes. Alternatively, from Timure, it's a 10-15 minute walk to the border. Upon arrival at Rasuwagadhi, complete the immigration and customs formalities on both the Nepal and Tibet sides. After clearing the formalities, continue your journey by car to Kyirong (2850m), which is approximately 40 km away and takes around 1 hour. The drive offers scenic views of the mountainous terrain, and Kyirong serves as the first stop in Tibet for those traveling to Mount Kailash and Manasarovar.

Day 7: Kyorong drive to Saga(4550m)



 Meal -Breakfast, Lunch,Dinner

 **Overnight stay at Xibuyizhan Hotel or similar**

09:00 AM – After breakfast, drive to Saga (220 km, approximately 5 to 6 hours). The journey from Kyirong (Kerung) to Saga takes you through the picturesque rural countryside of Tibet, offering views of its unique landscapes. Along the way, you'll cross the sacred Brahmaputra River, which is considered holy in both Hinduism and Buddhism. The drive provides a glimpse of Tibetan villages, vast plateaus, and towering mountains, making it a memorable part of the journey towards Mount Kailash. Upon arrival in Saga, you can rest and prepare for the next leg of the trip.



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Itinerary

Day 8: Saga -Mansarovar Lake (4550m)



 Meal -Breakfast, Lunch,Dinner

Overnight stay at Lake Guesthouse

08:00 AM – Drive towards Mansarovar Lake (450 km, approximately 6 to 7 hours). The journey takes you through beautiful landscapes, offering stunning views of the Tibetan plateau and surrounding mountains. Upon arrival at Mansarovar, you will stay at the serene shore of the lake, one of the holiest places in Hinduism and Buddhism. Pilgrims often fill spiritual water from the lake for blessings. Afterward, embark on the Parikrama (circumambulation) of Mansarovar Lake by vehicle, covering a distance of 90 km in approximately 3 hours. The journey around the lake is deeply spiritual and offers breathtaking views of the sacred waters and nearby Mount Kailash.

Day 9: Mansarovar Lake- Darchen (4650m) & Perform Puja



 Meal -Breakfast, Lunch,Dinner

Overnight stay at basic guest house

Morning – Begin the day by performing a Puja (prayer ritual) at the sacred Mansarovar Lake, a deeply spiritual practice for pilgrims. The ritual is performed with reverence and offers blessings for the journey ahead. After completing the Puja, drive to Darchen, the base town for the Kailash Parikrama. The drive offers scenic views of the surrounding landscape, with majestic mountains in the distance. Darchen is the starting point for the trek around Mount Kailash, where pilgrims gather before beginning their Parikrama, a journey considered to be spiritually transformative. Prepare for the next steps in this sacred pilgrimage.

Day 10: Darchen-First Day of Outer Kora – Trek to Dirapuk (4860m)



 Meal -Breakfast, Lunch,Dinner

Overnight stay at basic Guest house

10:00 AM – After a short drive, we will reach Tarboche and visit Yama Dwar, the starting point for the Kailash Kora (circumambulation). From here, we will begin the trek to Dirapuk (4860 m), which is a 12 km trek taking approximately 5-6 hours. The journey offers stunning views of Mount Kailash and the surrounding landscape. For those who prefer not to trek the Parikrama, there is an option to return to Darchen and wait for the rest of the group to complete their Kora. This is a spiritual and physically challenging day, marking the beginning of the Kailash Parikrama.

Day 11: Trek from Dirapuk to Charansparsh and back to Dirapuk.



 Meal -Breakfast, Lunch,Dinner

Overnight stay at basic guest house

After Breakfast – From Dirapuk, embark on a challenging 8 to 10 km round-trip hike to Charan Sparsh, located at an elevation of 5,800 meters (19,000 feet). This sacred spot, considered one of the holiest points on the Kailash Parikrama, allows pilgrims to symbolically touch the north face of Mount Kailash, which is believed to be the ‘foot of Lord Shiva.’ The journey to Charan Sparsh is physically demanding, but it is a deeply spiritual experience for those who undertake it. After reaching Charan Sparsh, return to Dirapuk to rest and prepare for the next stage of the pilgrimage.



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Itinerary

Day 12: Second Day of Outer Kora - On to Zuthulphuk (4670m) with Trek via Dolma La Pass

 Meal -Breakfast, Lunch,Dinner

 **Overnight stay at Lake Guesthouse**

07:00 AM – Begin the trek from Dirapuk to Dolma La Pass, and proceed to Zuthulphuk (22 km, approximately 8-9 hours). The first stage of the trek involves a two-hour ascent to Dolma La Pass (5700 m / 18,700 ft). Along the trail, we pass Yamasthal and continue towards Shiva-sthal, with each step bringing us closer to the summit. There are tea shops along the way where you can enjoy hot tea and refreshments before reaching the pass. After crossing Dolma La Pass, the trail descends for an hour before leveling out for 2-3 hours, leading us to Zuthulphuk. On the descent, you'll also see Gauri Kunda, the sacred pond of Goddess Parvati.



Day 13: Drive to Saga (4550m - 470 kms - 7-8 hrs)

 Meal -Breakfast, Lunch,Dinner

 **Overnight stay at basic guest house**

08:00 AM – After a short trek of 8 km (approximately 2-3 hours), we will reach the point where the coach will be waiting. From here, we will drive back to Darchen, where we will reunite with other members of the group who had been waiting. After gathering, we will continue our journey to Saga (470 km, approximately 7-8 hours). The drive offers beautiful views of the Tibetan landscape as we make our way back, and Saga serves as a rest stop before continuing the journey. This marks the end of the Kailash Parikrama trek, and we will prepare for the return journey.



Day 14: Drive back to Kyirong (2850m - 220 km - 5 to 6 hrs)


 Meal -Breakfast, Lunch,Dinner

 **Overnight stay at hotel**

After breakfast, drive back to Kyirong (Kerung). The journey takes you through scenic Tibetan landscapes, offering views of the vast plateau and rugged mountains. Kyirong, located near the Nepal-Tibet border, serves as a gateway to the rest of Tibet. Upon arrival, you can relax and reflect on the spiritual experiences of the Kailash Manasarovar Yatra. The drive back is a peaceful one, providing time to absorb the beauty of the surroundings and the sacred journey just completed.



Day 15: Kyorong - Drive to Kathmandu

 Meal -Breakfast, Lunch,

 **Overnight stay 4star Hotel**



After breakfast, drive from Kyirong (Tibetan border) to Kathmandu. The journey takes you through the scenic landscapes of Tibet and Nepal, gradually descending from the high-altitude terrain of the Tibetan plateau into the green hills of Nepal. As you cross the border and enter Nepal, the drive offers stunning views of the Himalayan foothills, rivers, and small villages. The route is a beautiful transition from the Tibetan landscape to the more lush and vibrant surroundings of Kathmandu. Upon arrival in Kathmandu, you will have time to rest and reflect on the spiritual journey before preparing for your onward travel or departure. Dinner and Overnight at Hotel in Kathmandu.



Day 16: Kathmandu - Airport and fly home.

Itinerary



-  Meal - Breakfast,
-  **No-Accommodation**

Breakfast at hotel, free at leisure till transfer to Airport and fly home

Cost Includes:

- Rudrabhishek Puja & Special Darshan at Pashupatinath Temple
- 6 Night accommodation at Kathmandu on 3/4 star hotel- or similar
- 1 night accommodation at Timure border at Sonam Guest house or Similar
- 2 nights accommodation at Kyirong on Phuntsok Khansang Hotel or similar with attached bathrooms
- 2 nights accommodation at Saga on Xibuyizhan Hotel or similar with attached bathrooms
- Accommodation at guesthouse at Mansarovar, Dirapuk & Zuthulphuk on sharing basis – 1 night at each place (Common sharing Tibetan style toilet)
- 1 night accommodation at Darchen at hotel with attached bathroom
- Sightseeing of Kathmandu city (full day)
- Kathmandu – China Border – Kathmandu by Scorpio Jeep based on 4 person
- Tibet group paper Visa Fee
- All vegetarian meals (breakfast, lunch & dinner)
- Transportation in Tibet by luxury A/C coach
- Supporting truck to carry equipment
- English speaking Tibetan guide
- All necessary travel & trekking permit as per our itinerary
- Priest at Lake Mansarovar for Puja.
- Supporting crew members (Cooks, Helpers & Sherpas)
- Oxygen cylinders for emergency use & medical kit bag
- 1 x duffle bag, 1 x backpack, 1 x cap, 1 x passport holders, 1 x waterproof windcheater jacket as a souvenir gift
- Kailash Yatra completion certificate
- Escort for airport pick up & drop off
- All applicable taxes & service charges

Cost Excludes:

- Entrance fee during Sightseeing in Nepal, Chandragiri Cable Car fare, Air ticket to Kathmandu & return back to home.
- Travel insurance / Rescue and evacuation service (incase emergency), Multiple entry Nepal Visa fee for foreigners
- Horse and Potter hiring during the Parikrama (Approx. 3800 Chinese Yuan for both or 1200 for Porter only)
- Tips for staff and Personal expenses
- Extra Hotel charge in Kathmandu if early return from Tibet or extra stay at Kathmandu
- Extra accommodation charges if flight is canceled due to bad weather or delay in Permit /Visa from Tibet (Please make sure your air ticket is flexible to change dates)
- If pilgrims leave the group early from Tibet side for non-disease reasons then USD 100 per person per day has to be paid as penalty to the Tibet side – T.A.R. Foreign Exchange Center (FEC). Also visa splitting charge, accommodation, transportation charges will be extra, Any additional cost due to natural calamities and unforeseen circumstances
- 5% GST & 5%TCS charge for Bank Deposit in our Indian Bank Account



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